BACKGROUND

Non-invasive prenatal screening (NIPS) for screening of common aneuploidies has become the standard of care in the past decade. The American College of Obstetricians and Gynecologists (ACOG) has revised its position on noninvasive prenatal testing (NIPT) and is now recommending prenatal aneuploidy screening for all pregnant patients regardless of age or other risk factors. ACOG previously recommended use of screening only in individuals 35 and older or with other known risk factors. Therefore, it is critical to implement a highly automated low cost walk away technology to make NIPS accessible to all women. NIPS has demonstrated a high detection rate with a low false positive rate in screening for aneuploidies; a significant advantage over conventional serum screening methods. In 2019, we validated the Vanadis® NIPS - a non-PCR based - Rolling Circle Replication (RCR), cost-effective, highly precise assay with a short turnaround time (7 days) test using plasma for the effective screening of the common trisomies 13, 18, and 21 as a laboratory developed test (LDT). We have now implemented globally this test in our laboratories in the US, Malaysia and Sweden, with PKIG’s Plus91® laboratory information system, and Perkin Elmer’s Vanadis Lifecycle®. This has permitted a seamless workflow starting with intake of blood samples from pregnant women and finishing with a clinical report. The report contains risk values for chromosomes 13, 18, 21 trisomies computed by Vanadis Lifecycle® that uses Vanadis® NIPS-determined z-scores for normalized chromosomal ratios and the mother’s demographics. Additionally, the NIPS report, when requested, contains fetal sex classification. Using our integrated workflow, since late October 2020, our laboratory has screened for aneuploidies in chromosomes 13, 18 and 21 and has issued 804 NIPS reports. Of the cases reported, we saw one case for T21 (0.12%), and 2 cases (0.37%) cases with an increased risk for T18 and none for T13. There were eighteen borderline T18 positive calls (2.24%), all turned to be negative for T18 upon testing the second sample from the mother. Finally, there were twenty-one "no calls" (2.61% "no call" rate) of which only 2 cases remained unresolved when the second specimen was tested. This methodology has significant advantages over the NGS based methodologies and requires low capital investment therefore making it globally accessible to populations of broad economic strata.

METHODS

A total of 804 plasma samples from mothers between their 1st and 2nd trimester of pregnancy were subjected to the Vanadis® Aneuploidy screen for T13, T18 and T21 and for fetal sex determination. The normalized chromosome ratio scores from the assay were handed off from Vanadis® system software to LifeCycle® for a z score calculation of chromosome ratio scores for chromosomes 13, 18 and 21, interpretation of the z-scores, and for assignment of risk percentages for each trisomy. Quality assessment and automated data analysis was performed, and samples were classified as either low or high risk based on z score cutoffs of 3.5 for chromosome 21 and 3.15 for chromosomes 18 and 13 (Tables 1 and 2). Samples failing quality assessment were classified as no-call. Assay technology is described in Figure 1. In addition to aneuploidy screening, samples had fetal sex determined.

RESULTS & DISCUSSION

- The Vanadis® assay is a novel rolling circle replication-based method for NIPT testing and meets, and in some cases exceeds, the performance of PCR-based NIPT assays. The high precision of the system is derived from efficient purification of cell free DNA (Figures 1 and 2), its quantitative conversion to rolling circle products (RCP, Figures 1 and 3) and the high number of RCP (Figure 1) counted for each chromosome. The precision is demonstrated by the low coefficient of variation in chromosomal ratio scores (Figure 4) which allows the facile detection of ratio score outliers (i.e., aneuploidy cases, Figure 5).
- Table 1 contains the summary of our first 804 cases. The data matches the expected range of aneuploidy cases distribution of male and female fetuses in the USA. This test is associated with low “no call” and “borderline T18” rates. All the “borderline T18” cases proved to be “screen negatives” upon the testing the second plasma tube of the patient. Only two of the 21 “no calls” repeated as no calls upon testing the second plasma tube from the patient, and for three “no calls’ a second plasma tube was not available.
- By complete automation and seamless bioinformatic reporting tools, this Vanadis® NIPT assay is well-suited to meet the needs for a low cost and a low complexity assay for general population NIPT on a global scale.

REFERENCES